

Access to Physical Healthcare Services and Health Information and Education

Assumption University recognizes the importance of physical well-being and quality of life for everyone in the university community. Comprehensive and accessible healthcare services are provided for both students and staff as follows:

1. Basic Medical Services

1.1 University Health Center

Provides primary care by professional nurses. Core services include:

- First aid and treatment for common illnesses
- Blood pressure and blood sugar measurement (for at-risk individuals)
- Basic health consultations
- Dispensing basic medication such as pain relievers, fever reducers, and antihistamines

Locations:

Suvarnabhumi Campus: Queen of Sheba, 2nd Floor

Hua Mak Campus: M Building, 2nd Floor

Operating Hours:

Monday–Friday: 08:00–16:30

Outside working hours, emergency contact is available through the university's security unit.





1.2 Collaboration with Network Hospitals

The university has agreements with nearby hospitals for emergency or severe cases. Students and staff can use these services under the university's group insurance plan.

2. Health Promotion and Disease Prevention Services

2.1 Annual Health Checkups

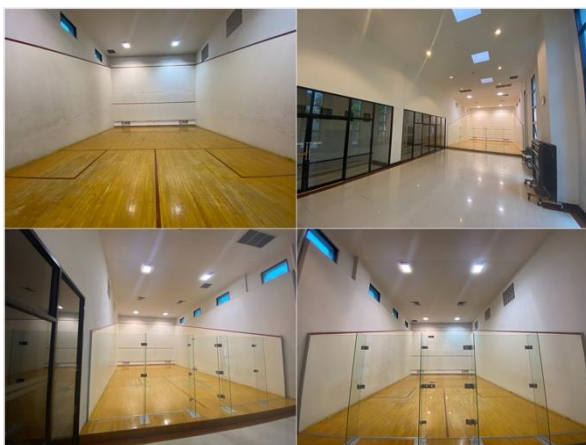
Organized for staff, students, their families, and the surrounding community. Includes services such as blood pressure, blood sugar, and cholesterol tests at special rates, and influenza vaccinations at affordable prices.

2.2 Sports and Fitness Centers

AU community members are encouraged to access sports and fitness facilities to support physical development. Facilities include swimming pool, football field, basketball court, tennis court, badminton court, squash court, snooker room, ping pong room, fitness room, game room, and sauna.

The university also organizes sports competitions among staff and students, and inter-university sports events. Nutrition and exercise guidance is also available.





2.3 Health Clubs and Activity Groups

Students can join various sports clubs or health-related groups to exercise and share health knowledge and experiences with peers.

2.4 Assumption University Care (AU Care)

Launched in the academic year 2006, AU Care aims to enhance student affairs operations by requiring all new students to undergo a physical examination, mental health screening, and performance testing. An interview is also conducted by Student Affairs personnel to improve communication and connection with students, and provide them with essential information to help guide their university life.

3. Health Information and Education Services

3.1 Health Information

Students and staff can access health information via multiple channels such as the university website, announcement boards, and health promotion events. The university library also offers a wide collection of health-related resources.



3.2 Health Education

The university offers a Nursing Science program to prepare students for healthcare and medical services careers. Health-related content is also integrated into certain courses such as physical education and elective wellness courses. Workshops and training sessions on health care are conducted by professional speakers.