# Access to Sexual and Reproductive Health Care Services, Including Information and Education at Assumption University

Assumption University prioritizes promoting knowledge, understanding, and care for sexual and reproductive health among students and staff to enhance quality of life and reduce long-term health risks. Key initiatives include:

## 1. Consultation and Advisory Services

The University Health Center provides professional, confidential counseling on sexual and reproductive health by qualified nurses. Services include:

- Confidential counseling on safe sex practices, family planning, and prevention of sexually transmitted infections (STIs).
- Guidance on condom use, contraceptive choices, risk assessment, and safe sexual behaviors.

#### Locations:

- Suvarnabhumi Campus: Queen of Sheba Building, 2nd Floor
- Hua Mak Campus: M Building, 2nd Floor

#### **Operating Hours**:

• Monday–Friday: 8:00 AM – 4:30 PM

• Emergency assistance outside operating hours is available through the university security unit.



# 2. Information and Educational Services

# 2.1 Sexual and Reproductive Health Information Services

Students and staff can access sexual and reproductive health information through the following channels:

- The university disseminates sexual and reproductive health information via its website, bulletin boards, and health promotion campaigns.
- The university library provides a comprehensive repository of resources on sexual and reproductive health topics, accessible to all students and staff.



### 2.2 Sexual and Reproductive Health Education

The university integrates sexual and reproductive health education into its academic programs through:

### Nursing Curriculum

The Nursing Science program includes specialized training in sexual and reproductive health care, equipping students with skills for medical and health service roles.

#### **Integrated Courses**

Sexual and reproductive health topics are embedded into the following general education (GE) courses:

#### 1. **GE2202 Ethics: Morality**

- **Chapter 25: Marriage and Family** focuses on fostering positive attitudes toward safe sexual relationships and respect for diverse sexual orientations. Students explore:
  - Societal and religious perspectives on marriage and family values.
  - Consequences of premarital sex, unprotected intercourse, and multiple sexual partners.
  - Ethical principles such as fidelity, honesty, and readiness for committed relationships.

# 2. GE1209 Psychology Application in Daily Life

- Covers human developmental stages and their impact on personal growth and sexual behavior. Students learn to:
  - Understand themselves and develop healthy social and sexual relationships.
  - Apply psychological principles to navigate interpersonal dynamics.

#### 3. **GE2210: Love and Art of Living**

- **Chapter 6: The Negative Side of Sexual Love** facilitates cross-cultural discussions on:
  - Preventing intimate partner violence.
  - Addressing unintended pregnancies among students.
  - Promoting self-worth and mutual respect in relationships.

## 4. GE2305 Contemporary Health Issues

- Highlights the fundamentals of sexual health, emphasizing:
  - Safety, consent, and satisfaction in sexual relationships.
  - Prevention of coercion and gender-based violence.

## **Teaching Methods**

Courses use interactive approaches to encourage critical thinking, including:

- Content integration, debates, Q&A sessions, and case studies.
- Multimedia resources (videos, news articles) to spark discussions on realworld scenarios.
- Collaborative problem-solving to develop preventive and supportive strategies.

# Legal and Ethical Considerations

- Abortion Laws in Thailand:
  - Section 301 of the Thai Penal Code stipulates that a woman who undergoes or consents to an abortion after 12 weeks of pregnancy may face imprisonment of up to six months, a fine of up to 10,000 THB, or both.
- Religious Perspectives:
  - Discussed in **GE2202** Ethics, comparing religious views on abortion. For example:
    - Christianity: Abortion is considered a sin.