

Access to Physical Healthcare Services and Health Information and Education

Assumption University recognizes the importance of physical well-being and quality of life for everyone in the university community. Comprehensive and accessible healthcare services are provided for both students and staff as follows:

1. Basic Medical Services

1.1 University Health Center

Provides primary care by professional nurses: Program of Nursing Specialty in Nurse Practitioner (Primary Medical Care)

Initial Care: First aid, symptom assessment, physical examinations, history taking, provision of targeted medicine, such as painkiller, antipyretic, antihistamines, anti-emetics, antacid, antidiarrheal and Oral Rehydration Salts (ORS), etc.

Nursing Procedures: Wound care, suture removal, blood sugar measurement, and monitoring vital signs, etc.

Referral to a hospital: In case of an emergency, exceeding treatment capability, according to patient rights/insurance coverage, or patient/relative request for specialized care.

Consultation: On-site health counseling.

Event Support: Provision of first-aid kits and medical staff at university activities.

Locations:

Suvarnabhumi Campus: Queen of Sheba, 2nd Floor

Hua Mak Campus: M Building, 2nd Floor

Operating Hours:

Monday–Friday: 08:00–16:30

Outside working hours, emergency contact is available through the university's security unit.





Providing service and consultation to student and Staff



1.2 Collaboration with Network Hospitals

Network Hospitals: Agreements with nearby hospitals are in place for severe cases, with coverage under the university's group insurance plan. 24-hour ambulance services are available for immediate transport to affiliated hospitals.



2. Health Promotion and Disease Prevention Services

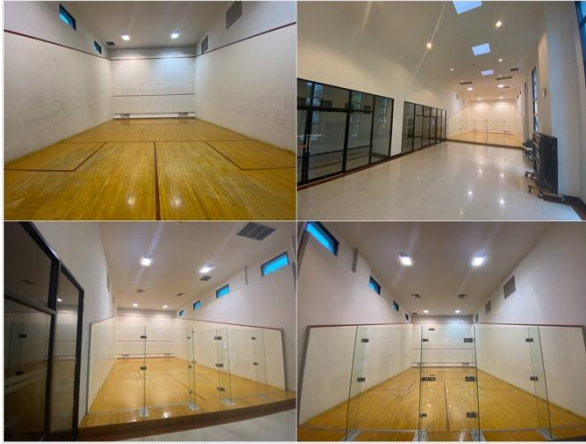
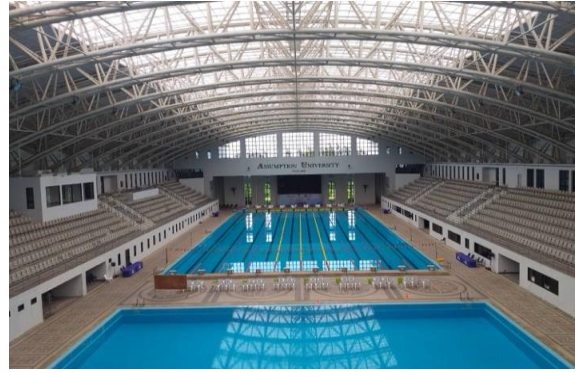
2.1 Annual Health Checkups

Organized for staff, students, their families, and the surrounding community. Includes services such as blood pressure, blood sugar, and cholesterol tests at special rates, and influenza vaccinations at affordable prices.

2.2 Sports and Fitness Centers

The university provides a wide range of facilities to promote health and physical activity for students and staff. These include a 25-meter swimming pool, a 50-meter swimming pool, football fields, basketball courts, tennis courts, badminton courts, squash courts, a snooker room, a table tennis room, fitness centers (Hua Mak campus and Suvarnabhumi campus), a games room, and a sauna. In addition, sports professionals are available to provide guidance on nutrition and exercise.

Furthermore, in the academic year 2025, the Sports Center organized a total of nine health promotion and sports competition activities for students and staff. These activities included: 6 Red Snooker AU Cup 2025, Badminton AU Cup 2025, Badminton Freshy Cup 2025, Fit for Run Virtual Run 2025, Swimming for Health 2025, Yoga Class, Dance Workout, Gym Ball Class, and Swimming Instruction.





2.3 Health Clubs and Activity Groups

Students can join various sports clubs such as AU Muay Thai Club, AU Football Club, and AU Flag Football Club, where they can stay active, exercise, and exchange health knowledges and experiences with others.

AU Muay Thai Club



AU Football Club



AU Flag Football Club



2.4 Assumption University Care (AU Care)

In the academic year 2025, AU Care aims to enhance student affairs operations by requiring all new students to undergo a physical examination, mental health screening, and performance assessment. In addition, interviews are conducted by Student Affairs personnel to strengthen communication and foster meaningful connections with students, while also providing essential information to guide them throughout their university life. The primary focus of this initiative is to support first-year students.

For the academic year 2025, AU Care will be organized twice: from July 17–19, 2025, and January 27–28, 2026. The program will be held on the 1st floor of the MSME Building.

In academic year 2025, there are 1,497 new students (ID.code 681= 917 persons, ID.code 682= 200 persons, ID.code 683= 280, ID.code 684= 100 persons) and 667 students attained this activity.



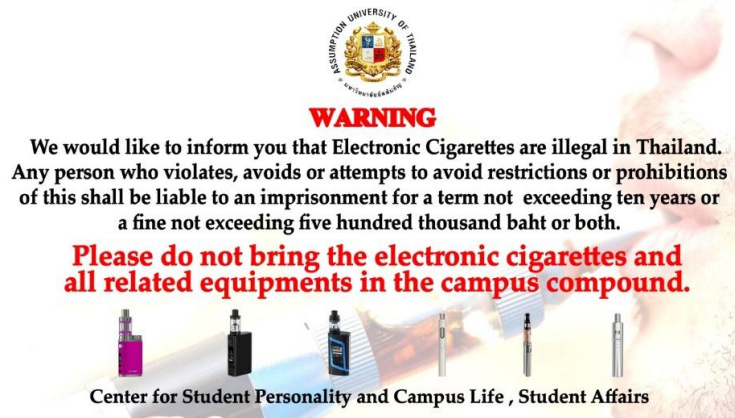
3. Health Information and Education Services

3.1 Health Information

Students and staff can access health information via multiple channels such as the university website, announcement boards, and health promotion events. The university library also offers a wide collection of health-related resources.



In Academic year 2025, The Center for Student Discipline and Campus Life (CSDCL) launched the “Stop E-Cigarettes in University” project by promoting the campaign through both online and offline posters to raise awareness and warn students about the prohibition of e-cigarette use on campus.



During the academic year, students found using e-cigarettes were reprimand and record discipline, and evidence was collected, totaling 20 cases. All cases were recorded in SA-MIS, resulting in 41 disciplinary records.

Students who were found committing the offense for a second time received an additional parole record in accordance with university regulations. If not accept will be suspend for 1 semester

3.2 Health Education

The university offers a Nursing Science program to prepare students for healthcare and medical services careers. Health-related content is also integrated into certain courses such as physical education and elective wellness courses. Workshops and training sessions on health care are conducted by professional speakers.

CPR & AED Training

